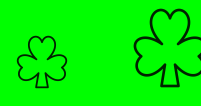


# Dowds Elementary School Menu March, 2021



**FREE BREAKFAST AND LUNCH FOR ALL STUDENTS (for the entire 20/21 school year!)**

Monday	Tuesday	Wednesday	Thursday	Friday	News
<b>Mar-1</b> <i>Cinni Mini</i> Hot Dog on Bun Baked Beans Applesauce Milk	<b>Mar-2</b> <i>Pancake Wrap</i> Chicken Fryz Dinner Roll Mashed Potatoes w Gravy Peaches Milk	<b>Mar-3</b> <i>Breakfast Pizza</i> Pepperoni Calzone Green Beans Fresh Apple Milk	<b>Mar-4</b> <i>Omelet &amp; Apple Muffin Bread</i> Hot Ham & Cheese Sandwich Mixed Vegetables Mixed Fruit Milk	<b>Mar-5</b> <i>Sausage Breakfast Square</i> Stuffed Breadsticks w/Sauce Caesar Salad Fresh Orange Milk	  <p><b>FREE MEALS to ALL STUDENTS</b> during the 20/21 school year. School meals are free this school year to all students regardless of ability to pay.</p> <p><b>Fee Waivers and P-EBT cards:</b> Although no application is required for free meals this year applications for free or reduced meals along with direct certification are still required to determine eligibility for waived fees and P-EBT cards.</p> <p><b>SNOW DAYS &amp; MENU CHANGES:</b> Often times after a school closure, the school menu changes due to food on hand, storage space, delivery schedules, etc... Please refer to the menus published on the ""calendar"" section of school website for changes to the original menu!</p> <p><b>Breakfast:</b> Includes your choice of the entree listed in italics OR a toaster pastry, milk, and choice of fruit or 100% fruit juice. Breakfast is served in the cafeteria each morning before school. If you are eligible for free or reduced price lunch you are also eligible for free or reduced breakfast.</p> <p><b>Want to know your cafeteria balance? Get a text / email when the balance is low? See what your children are purchasing? Re-allocate balances among your children?</b>            Go to <a href="http://k12paymentcenter.com">k12paymentcenter.com</a> to sign up for the free services listed above.</p>
<b>Mar-8</b> <i>Cinni Mini</i> Cheeseburger w Pickles French Fries Pears Milk	<b>Mar-9</b> <i>Pancake Wrap</i> Macaroni & Cheese Apple Muffin Bread Steamed Broccoli Pineapple Milk	<b>Mar-10</b> <i>Breakfast Pizza</i> Beef Tacos w Cheese Shredded Lettuce Black Beans / Potato Wedge Sorbet Cup Milk	<b>Mar-11</b> <i>Omelet &amp; Apple Muffin Bread</i> Chicken Littles Tater Tots Mandarin Oranges Milk	<b>Mar-12</b> <b>NO SCHOOL</b> <b>Teacher In Service</b>	
<b>Mar-15</b> <i>Cinni Mini</i> Chicken Nuggets Dinner Roll Mixed Vegetables Pineapple Milk	<b>Mar-16</b> <i>Pancake Wrap</i> Cinnamon Glazed French Toast Sausage Patties Potato Wedges Juice Milk	<b>Mar-17</b> <i>Breakfast Pizza</i> Grilled Cheese Sandwich Tomato Soup Pickle Spear Applesauce Milk	<b>Mar-18</b> <i>Omelet &amp; Apple Muffin Bread</i> Salisbury Steak Dinner Roll Mashed Potatoes w Gravy Strawberry Cup Milk	<b>Mar-19</b> <i>Sausage Breakfast Square</i> Cheese Pizza Caesar Salad Fresh Orange Milk	
<b>Mar-22</b> <i>Cinni Mini</i> Mini Corn Dogs Baked Beans Mixed Fruit Milk	<b>Mar-23</b> <i>Pancake Wrap</i> Popcorn Chicken Mashed Potatoes Corn Biscuit Mandarin Oranges Milk	<b>Mar-24</b> <i>Breakfast Pizza</i> Sub Sandwich Tater Tots Banana Milk	<b>Mar-25</b> <i>Omelet &amp; Apple Muffin Bread</i> Chicken Tender Snack Wrap Baby Carrots w Dip Apple Crisp Milk	<b>Mar-26</b> <i>Sausage Breakfast Square</i> Lasagna Roll Up Garlic Bread Stick Salad Sorbet Cup Milk	
<b>Mar-29</b> <i>Cinni Mini</i> Pepperoni Pizza Caesar Salad Fresh Apple Milk	<b>Mar-30</b> <i>Pancake Wrap</i> Uncrustable Corn Peaches Milk	<b>Mar-31</b> <i>Breakfast Pizza</i> Cheeseburger w/Pickles French Fries Banana Milk	<b>Apr-1</b> <i>Omelet &amp; Apple Muffin Bread</i> Chicken Patty Sandwich Green Beans Pineapple Milk	<b>Apr-2</b> <b>No School</b> <b>Spring Break</b>	

**"Offer vs Serve"" allows students to refuse up to 2 items on the lunch menu and 1 item on the breakfast menu; however, all meals must include a fruit or vegetable to be considered a complete meal. Only complete meals are eligible as FREE TO ALL STUDENTS.**

**"This institution is an equal opportunity provider"**